

WRITE AS YOU READ

Writing forces you to think hard, so don't wait to nail down a budding idea before you write it out. Experienced researchers know that the more they write, the sooner and better they understand their project.

There is good evidence that successful researchers set a fixed time to write each day. They might only write a paragraph, but they write *something*, not to start a first draft of their report, but to sort out their ideas and maybe discover new ones.

If you write something that seems promising, be sure to keep a copy of it. You will probably revise it for your final draft, maybe even discard it. But no matter how sketchy or rough this early writing might be, it will help you draft more easily later.

Cautions

Don't expect too much of your early writings. If you're new to a topic, much of your early writing may be just summary and paraphrase. If you see too few of your own ideas, don't be discouraged. Summarizing and paraphrasing are how we all gain control over new ideas and learn new ways of thinking. Rehashing what we want to understand is a typical, probably even necessary, stage in just about everyone's learning curve.

Also, keep in mind that all researchers experience moments of panic when their task seems too complex and unmanageable. The best way to get past such moments is to keep moving along, following your plan. This is another reason to start early, to break a big project into its smallest steps, and to set achievable goals.